

International Sportcamp 8-12v. (ma-to) 6.-9.7.2019

ma 6.7.	Group A	Group B
11.30-12.30	Camp opening, classroom 3,	
12.30-13.15	Lunch	
13.15-14.00	Firedrill and getting to know the group, H2	
14.00-	Check in	
15.00-16.30	Stick handling (Lacrosse, scoop) and ball games, Tahmela	
17.00-18.00	DINNER	
18.00-19.30	City Dodgeball tournament, H1	
20.00-21.00	EVENING SNACK	
ti 7.7.		
08.00-09.30	BREAKFAST	
9.30-11.00	Track and field, Tahmela	
11.30-13.00	LUNCH	
13.00-16.00	Flowpark 13-16	
16.30-18.00	DINNER	
18.00-19.00	Parkour, outdoor	Fun Battle, H1
20.00-21.00	EVENING SNACK	
ke 8.7.		
08.00-09.30	BREAKFAST	
09.30-11.00	Curling, V1	Easyboxing, V2
	Easyboxing, V2	Curling, V1
11.30-13.00	LUNCH	
13.00-14.30	Swimming, indoor pool	Paddling, jussi a
15.00-16.30	Paddling, jussi a	Swimming, indoor pool
16.30-18.00	DINNER	
18.30-19.30	Fun Battle, H1	Parkour, outdoor
20.00-21.00	EVENING SNACK	
to 9.7.		
08.00-09.00	BREAKFAST	
09.00-09.30	Packing	
9.30-10.45	Teamgames, Tahmela,	
11.00-11.45	LUNCH	
12.00 - 16.30	Amusementpark Särkänniemi-trip klo 11.45-17.30, Or klo 13-14.30 Badminton and kinball, Halli 2 15-16.30 Swimming,	
16.30-17.30	DINNER	
17.30	Time to go home	